

Supporting Students With Anxiety Based Behaviors



Oct. 19, 2015

8:30 to 3:30

Diagnostic Center, Central CA

CA Dept. of Education
1818 W. Ashlan Ave, Fresno, CA 93705

This no cost workshop will address the needs of students who struggle with anxiety and anxiety related behaviors interrupting academic or social success.

The workshop focus includes information and strategies regarding:

- *autism, selective mutism, anxiety disorders;*
- *medical, behavioral and psychological interventions;*
- *the effects of trauma on behavior and learning; &*
- *the impacts of time, homework, and high academic demands*
- *Resources for home and school will be provided*

General educators, special educators, counselors, medical providers and parents are welcome. For more information or to register, please e-mail name, position and contact information to Fern Cunningham, fcunningham@dcc-cde.ca.gov.

The Oct. 19th Schedule is as follows:

8:45 – 9:00 a.m.	Welcome and Introduction
9:00 – 10:15 a.m.	Anxiety and Anxiety Disorders (Definition, causes, etc.)
10:15 – 11:20 a.m.	Medication and Medical Interventions
11:20 – 11:50 p.m.	Anxiety's role in Autism, Selective Mutism and Communication
12:00 – 1:15 p.m.	Lunch
1:15 – 2:15 p.m.	Behavior Planning and Interventions Including: BIP's, Therapy Pathway, CBT, etc.
2:15 – 3:15 p.m.	Putting it into Practice
3:15 – 3:30 p.m.	Summary, evaluations and upcoming events

Diagnostic Center, Central CA Presenters for
Supporting Students with Anxiety Based Behaviors

Include:

Desiree Rodgers, M.D., M.P.H., F.A.A.P.; Physician

Hilary Hendricks, Ph.D.; Clinical Psychologist

Michelle Austin, M.A., CCC-SLP; Speech & Language Pathologist

Melissa J. Miller, M. A., School Psychologist

Jodie L. Dittmar, M.S., Education Specialist